

Department of Pathology & Area Laboratory Services



Care - Quality - Readiness

INSTRUCTIONS SPERM COUNT SPECIMEN COLLECTION

Report to Laboratory between 0730 & 1600, Monday-Friday for a container. At that time, you will be scheduled for an appointment to return the specimen.

You should abstain from activity that would cause ejaculation for three days prior to specimen collection.

The morning of your appointment collect the specimen by masturbating directly into the container provided by the lab.

The specimen will be collected outside the laboratory and must be turned into the lab within **1 HOUR** after collection. The specimen must stay warm during transport. If it is cold enough to wear a jacket, place the specimen inside the coat or jacket next to your body.

We realize semen collection can be embarrassing and some patients will want to modify the collection procedure. However, you need to realize that semen and the spermatozoa are very delicate. Any deviation from these instructions could result in analytical errors and could possibly require the specimen be recollected.

All specimens must be properly labeled with the following information:

- Patient's Name (Last, First)	Doe, John
- SSN (Sponsor's complete SSN)	123-45-6789
- Date & Time (Collection date & time)	23 Jan 02/0700 hrs

DATE & TIME TO RETURN THE SPECIMEN: _____

The specimen must be turned in between 0730 – 0900 on the scheduled date only.
The specimen **WILL NOT BE ACCEPTED** after 0900.

If you cannot keep this appointment, please call the lab at (254) 288-8200 and request to reschedule.

To obtain laboratory results you will need to contact the requesting health care provider. Results should be completed and to the health care provider the next day.

If you have any questions and do not feel comfortable talking to one of the female staff members, please feel free to ask to speak with a male member of the staff.